

DARIA BORISLAVOVA WHITE

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EDUCATION

2012 - 2017	James Madison University, Harrisonburg, VA PhD. Counseling and Supervision.
2009 - 2011	Eastern Mennonite University, Harrisonburg, VA M.A. Conflict Transformation (Psychosocial Trauma)
1997 - 1998	Cairn University, Langhorne, PA M.A. Christian Counseling.
1994 - 1997	Bulgarian Evangelical Theological Institute, Sofia, Bulgaria B.A. Theology.
1995	University of Sofia, Sofia, Bulgaria AGS. Library and Information.

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)
Association for Counselor Education and Supervision (ACES)
Southern Association for Counselor Education and Supervision (SACES)
American Association of Christian Counselors (AACC)
Christian Association for Psychological Studies (CAPS)
Virginia Counselors Association (VCA)
Virginia Association for Multicultural Counseling and Development (VAMCD)
Virginia Association for Spiritual & Religious Values in Counseling (VAASERVIC)
Central Valley Virginia Counseling Association (CVCA)
Bulgarian Studies Association

PROFESSIONAL EXPERIENCE

TEACHING EXPERIENCE

- Jan, 2018-present **Online Core Faculty, Liberty University, Lynchburg, VA**
COUC 502 Human Development
COUC 504 Multicultural Counseling
COUC 510 Counseling Theories
COUC 522 Career Counseling
COUC 604 Crisis Counseling
COUC 699 Counseling Internship
COUC 698 Counseling Practicum
EDCO 808 Dissertation Bibliography
EDCO 989 Dissertation Writing and Research
- 2016 **Doctoral Teaching Intern**
PSYC 749 Multicultural Perspectives and Interventions, JMU, Harrisonburg, VA
Taught mental health clinical counselors and school counselors. Topics covered: cultural identity development, privilege and oppression, gender and sexism, social class, disability, ethnic groups, spiritual diversity, etc.
- 2006-present **Adjunct Instructor, Advisor**
Bulgarian Evangelical Theological Institute
Taught Psychopathology, Conflict Resolution, Trauma. In recent years advised undergrad curriculum development.

COUNSELING EXPERIENCE:

- 2019-2020 **Resident in Counseling**
2017-2018 Counseling Center, JMU, Harrisonburg VA
Provided individual counseling, assessments, and crisis interventions for JMU students using the brief model.
- 2014 **Doctoral Counseling Intern**
Counseling and Psychological Services, JMU, Harrisonburg, VA
Provided individual counseling to adults, created treatment plans, developed a protocol for international translators' process group
- 2005 - 2009 **Lay Counselor**
Congregational Church, Bansko, Bulgaria

SUPERVISION EXPERIENCE

- 2018 **Faculty**
Liberty University, Lynchburg, VA
Teaching COUC 698 and COUC 699, supervising students online, meeting weekly through WebEx for supervision and case presentations.
- 2015 **Adjunct**
Counseling Process
Graduate Counseling Department, JMU, Harrisonburg, VA
Facilitated a process group for practicum counseling students.
- 2014 **Doctoral Supervision Intern**
Counseling Process
Graduate Counseling Department, JMU, Harrisonburg, VA
Facilitated a process group for practicum counseling students, discussed personal issues, their new role as counselors, changing relationships with supervisors, clients and peers.
- 2014 **Doctoral Supervision Intern**
Counseling and Psychological Services, JMU, Harrisonburg, VA
Provided individual and group supervision to practicum mental health and school counseling students

SERVICE and LEADERSHIP

- 2021 **Vice-President**
Bulgarian Studies Association
Will widen the audience, connect with Bulgarian academics to engage with the international audience. The association has an academic journal and conducts a conference once every two years.
- 2021 **Trip canceled due to COVID-19:** Internship leader “Trauma and trauma healing in the Balkans”. Liberty University, Lynchburg, VA.
Leading a group of counseling students to Bulgaria, teaching COUN 699 and COUN 602. Organizing a Balkan conference on trauma, in a country with limited psychological help, will train people who would like to support and encourage others and will offer some counseling while on the ground.
- 2020-present **Pro-Bono Counselor:**
Church World Services, Harrisonburg, VA
Counseling refugees and their families: complex trauma cases, clients are from DR Congo, Eretria, Iraq
- 2009-present **Pro-Bono Counselor:** Taking cases in Bulgaria, doing online counseling with several clients each year. Bulgaria has very few Christian therapists and trusted people for church leaders to use for support and feedback.

- 2018-2020 **Committee member:**
Professional Development Committee and Advocacy Committee
Liberty University, Lynchburg, VA.
Participated in agenda setting for both committees, ideas. Worked on a trauma support network with the chair of the advocacy committee.
Recorded CE training videos for site supervisors of current internship students.
- 2020-present **Cultural Intelligence Committee**
Liberty University, Lynchburg, VA
Facilitating Courageous Conversations faculty groups that address racial tensions, microaggression, and dialogue. Exploring restorative justice as a framework that could substitute the social justice movement values and promote better dialogue between different groups.
- 2018-present **Dissertation Chair**
Liberty University, Lynchburg, VA
- 2018-2020 **Subject Matter Expert COUC 504**
Oversaw the Multicultural Counseling class with Dr. Vasti Holstun. Made structural and content changes, conducted audits to improve and update class material and delivery.
- 2018 **Cross-cultural Leader** “Marginal Europe: Bulgaria and Greece”
Eastern Mennonite University, Harrisonburg, VA.
6 weeks of travel with undergrad students. Organized home-stays in Plovdiv, a day camp and service with Roma children, visiting a Roma church. Trained students on trauma, cultural diversity, minority groups and identities, etc.
- 2014 **Cross-cultural Leader** “Bridging the Balkans - Christian-Muslim Connections”
Eastern Mennonite University, Harrisonburg, VA.
Three-months travel with undergraduate students. Organized home stays in a Muslim village; time in a Syrian Refugee camp and appropriate activities; Roma children’s camp, connections to the Orthodox faith; trained students on cultural issues, identity, religion, trauma, self-care, cross-cultural dialogue, impact of past and present, conflict analysis, etc.
- 2012 **Cross-cultural Leader** “Christian-Muslim Dialogue”
Eastern Mennonite University, Harrisonburg, VA.
Organized students’ time and community involvement in Bulgaria and other Balkan countries to experience different cultures, religion and worldview
- 2011 **Participant/ Planner**
Leadership for Women and Strategic Planning Conference
Eastern Mennonite University, Harrisonburg, VA.

Collaborated with 10 women peacebuilders including Leymah Gbowee (Nobel peace prize winner 2011), filmmaker Abigail Disney, Suraya Sadeed of Afghanistan, Koila Costello-Olsson of Fiji and others. The group developed a graduate program for women leaders in peacebuilding, which began in 2012

2011

Organizer and interviewer

Hopes and Dreams exhibit with Howard Zehr
Our Community Place, Harrisonburg, VA.

As part of a team developed, conducted and analyzed in-depth interviews with homeless individuals regarding their fears and hopes for the future.

2010 - 2011

Student Representative

Eastern Mennonite University, Harrisonburg, VA.

Organized "Weaving Visions" – workshop for incoming students, participated in monthly faculty meetings, organized and led the agenda of student meetings

2006-2009

Founder/Director - Pax Balkana

Blagoevgrad, Bulgaria

Created and registered a grassroots organization on peacebuilding in Bulgaria, developed networks with Christian leaders, researched satisfaction level in church members in the Bulgarian Congregational Union, led retreats on peacebuilding in the church

2002-2004

Shelter Coordinator

Alternatives to Violence of the Palouse, Pullman, WA.

Trained and supervised child advocate and shelter staff, supervised hotline and crisis interventions, did crisis counseling with victims of domestic violence and sexual assault, oversaw and directed the functions of the shelter.

GRADUATE ASSISTANTSHIPS

2012

Civic Learning Graduate Assistant

James Madison University, Harrisonburg, VA 22801

Conducted administrative option hearings, advised students of council process, and covered council hearings, supervised undergraduate program assistants, facilitated Values in Action – Civic Learning Education Program

2011

Conflict Transformation Graduate Assistant

"Trauma awareness and transformation" class

Summer Peacebuilding Institute, Eastern Mennonite University, Harrisonburg. Led class presentations and activities related to

understanding of trauma, trauma and spirituality, trauma and domestic violence.

RESEARCH AND SCHOLARSHIP

PUBLICATIONS

- Brickner, A. White, D. (2021). *Trauma integration is the supervisory experience of novice counselors: A way to promote continual professional development*. Manuscript. Spring 2021 Newsletter. Southern Association for Counselor Education and supervision.
- White, D. (2021). *Function and role of the restorative justice court in pre-communist time: A case study from Bansko (1927-1932)*. Restorative justice here and now. Manuscript. Restorative justice newsletter (used restorative justice principles and counseling theory on trauma)
- White, D., Villarreal-Davis, C, (2021). Counseling women facing chronic illness. In P. Hinkley, A. Crable, J. Davis, A. Kuhnley, (Eds.) *Counseling Women*. (pp. 363-392). Kendal Hunt
- Davis, J, Doney, C., White, D. (2021). Counseling women facing emotional and physical abuse. In P. Hinkley, A. Crable, J. Davis, A. Kuhnley, (Eds.) *Counseling Women*. (pp. 663-702). Kendal Hunt
- White, D. (2020). *Travma narativi i mehanizmi za lichnostno preodoliavane kato predpostavki za vuzstanovitelното pravosudie v Bulgaria* [Trauma narratives and mechanisms for personal and community overcoming as conditions for restorative justice in Bulgaria]. *Restorative Justice in Bulgaria*. 1, 54-64
- White, D. (2019). *Otvorena porta* [Open gate]. Manuscript submitted for publication. Plovdiv, Bulgaria: Janet 45. (Book with stories on posttraumatic growth of Bulgarian elderly women). Manuscript rejected.
- White, D. with Kometer, M. (2019, spring). *Redeeming community: From outside the West*. *Faith and the Academy Journal*.
- White, D. (2018, December, 12). *Za robstvoto i svobodata: Urotsi ot Chernata tsurkva* [Slavery and freedom: Lessons from the Black Church]. *Evangelical Newspaper*. Retrieved from: http://www.evangeliskivestnik.net/news/7363/За_робството_и_свободата_уроци_от_черната_църква
- White, D. (2018, September 6). "Iz razkazite na baba: Interviu ta s vuzrastni jeni ot Pirinska Makedonia." [From grandma's stories: Interviews with elderly women from Pirin Macedonia]. *Bulgarian Literary World*. 109. Retrieved from: <https://literaturensviat.com/?p=150041>
(Bulgarian Literary World is a prestigious Bulgarian online website for literature.)
- White, D. (2018). Introduction to the writer. *Malka kniga za Vuzstanovitelното pravosudie*. [The little book of Restorative justice]. La Conference: Sofia, Bulgaria.
(Introduced "the grandfather of Restorative Justice" – Howard Zehr, to the Bulgarian audience for the first time. Helped with some of the language and translation of the book)

into Bulgarian.)

- White, D., White, A. (December, 2017). "Grandma, what's your name now?" Life-narratives, portraiture, and reclaiming identities in the Balkans. *Journal of Bulgarian Studies*.
- White, D. (2014). River of Life. In K. Fineran, B. Houlberg, A. Nitza, J. McCoy, & S. Roberts (Eds.), *Group work experts share their favorite activities: A guide to choosing, planning, conducting, and processing volume 2*. Alexandria, VA: Association for Specialists in Group Work.
- Field, T., Sturm, D., White, D. & Hoffman, J. (2013). Using Skype to shape a leadership identity. *SACES Newsletter*, 9(2), 6-7.
- Field, T., Cline, J, Brickner, A, White, D & Kolman, G. (2013). Charting the unfamiliar territory of professional identity in counseling: A review of paradigms of counseling and psychotherapy by R. Cottone. *Virginia Counselors Journal*, 33, 60-62.
- White, D. (2008). To share the joy of teaching. *Bridge Builders Newsletter*, London, England.

PROFESSIONAL PRESENTATIONS

INTERNATIONAL

- White, D. (2020). *Restorative justice as a chance for healing injustice*. Interview conducted by Elena Evstasieva. Restorative Justice in Bulgaria. (260 shares on Facebook, introduced restorative justice to the Bulgarian audience). Portions of the interview aired on Bulgarian National Radio.
<https://restorativejusticebg.com/2020/11/17/за-възстановителното-правосъдие-с-р-д/?fbclid=IwAR2sxbpzWMt5OE2NA9kwGl9iPPEGd0xQtQsljabjcc8FjGLvXspctFqOZXk>
- White, D. (2020). *Function and role of the restorative justice court in pre-communist time: A case study from Bansko (1927-1932)*. Restorative justice here and now. Sofia, Bulgaria. (used restorative justice principles and counseling theory on trauma)
- White, D. (2019). Cross-cultural and cross generational communication – one day workshop and training for Bulgarian Evangelical Theological Institute faculty and staff.
- White, D. (2019). *Travma narativi i mehanizmi za lichnostno i obshtestveno preodoliavane kato predpostavki za vuzstanovitelnoto pravosudie v Bulgaria* (Trauma narratives and mechanisms for personal and communal overcoming as preconditions for restorative justice in Bulgaria). Special event at the conference Geography of Restorative Justice in Bulgaria. Sofia, Bulgaria.
- White, D. (2018). *My soul knows: How to find your core self*. Pentecostal Church „Holy Trinity”, Plovdiv, Bulgaria

- White, D. (2014). *Historical trauma and models for overcoming*. Keynote speaker at the conference "The Communist Political System and the Church". Sofia, Bulgaria.
- White, D. (2012). *Narrative Shifters: Babas and Balkan Meta-Narratives*. The Society for Multi-Ethnic Studies: Europe and the Americas, Barcelona, Spain.
- White, D. (2011). *Conflict analysis of the name change of Bulgarian Turks in Bulgaria, 1984-1989*. Presented to the Directorate for Religious Affairs, Bulgaria.
- White, D. (2011). *Attachment: A useful frame for change and healing in the church community*. Christian Youth Leadership Conference, Ahtopol, Bulgaria.

NATIONAL

- White, D. (Fall, 2021). Good and evil: Interaction between the deep prototype structures in Bulgarian culture and fluid modernity. Association for Slavic, Eastern European & Eurasian Studies. New Orleans, LA.
- Brickner, A., White, D., Hoffman, J. (2021). *Ethical and multicultural considerations for the supervisor, supervisee, and client*. Invited to present at the Richmond Counselors Association. South University, VA.
- White, D. (2021). *Counseling women who manage chronic conditions: Clinical interventions and spiritual integration*. Liberty University NBCC CEU Practicum and Internship Site Supervisor Training.
- Davis, J. & White, D. (2021). *Environmental and Treatment Considerations for Intimate Partner Violence (IPV) Following the Impact of COVID-19*. Christian Association for Psychological Studies 2021 Conference, Louisville, KY.
- Davis, J. & White, D. (2021). *Environmental and Treatment Considerations for Intimate Partner Violence (IPV) Following the Impact of COVID-19*. Liberty University NBCC CEU Practicum and Internship Site Supervisor Training.
- White, D. & Davis, J. (2020). *Environmental and Treatment Considerations for Intimate Partner Violence (IPV) Following the Impact of COVID-19*. Central Virginia Counselor Development Symposium. Liberty University.
- White, D. (2020). *Counseling women who manage chronic conditions: Clinical interventions and spiritual integration*. Central Virginia Counselor Development Symposium. Liberty University.
- Davis, J. & White, D. (2020). *Environmental and Treatment Considerations for Intimate Partner Violence (IPV) Following the Impact of COVID-19*. Maryland Counseling Association Conference.
- CANCELED White, D. (2020). *Cultural restoration of self after Communist rule and trauma*.

Bulgarian Studies Association. Library of Congress, Washington DC.

- Brickner, A., White, D., Hoffman, J. (2019). *Ethical and multicultural considerations for the supervisor, supervisee, and client*. Virginia Counselors Association Convention. The Homestead, VA.
- White, D. (2019). Experiential activity on spirituality and trauma. Association for Counseling Education and Supervision. Seattle, WA.
- White, D. (2019). *Welcoming vitality: The universal and cultural expressions of joy and awe*. NBCC approved 1 hr. online Liberty University presentation.
- Byars, J, Imhoff, B, White, D (2019). *The new adolescent: How social media has changed the landscape and how counselors can respond*. Central Virginia Counselor Development Symposium. Liberty University, Lynchburg.
- White, D, Brooks, J. (2019). *School crisis intervention planning for wide-impact community events*. American Counseling Association Conference and Expo 2019, New Orleans, LA.
- White, D. (2018). *Welcoming vitality: The universal and cultural expressions of joy and awe*. Virginia Counseling Association Convention 2018, Norfolk, VA.
- White, D. (2017). *Joy and awe in culture*. Diversity training. Counseling center, James Madison University, Harrisonburg, VA.
- White, D, Sturm, D. (2016). *A cross-cultural examination of positive emotions: Joy, awe and flow of time*. Diversity Conference. James Madison University, Harrisonburg, VA.
- Brickner, A., White, D., Hoffman, J. (2015). *The dynamics of trauma: Understanding the nature of trauma, the importance of the therapeutic alliance, and evidence-based treatment modalities*. Virginia Counselors Association Convention. The Homestead, VA.
- Brickner, A., Hoffman, J., White, D. (2015). *Working with trauma: Neuroscience, multicultural issues, and evidence-based practices that facilitate a therapeutic alliance and post-traumatic growth*. Virginia Counselors Association Convention. The Homestead, VA.
- Echterling, L.; White, D.; Brickner, A. & Hoffman, J. (2015). *Enhancing Positive Emotions to Promote Posttraumatic Growth*. Virginia Counselors Association Convention. The Homestead, VA.
- White, D. (2015). *Awe, Joy, and Flow of Time – Cultural Comparative Analysis of Positive Emotions*. Association for Counseling Education and Supervision. Philadelphia, PA.
- White, D. (2015). *Flower Collage: An Experiential Activity on Collective Trauma*. Association for Counseling Education and Supervision. Philadelphia, PA.
- White, D. (2015). *Lessons Learned from Muslim Refugees in Bulgaria and the USA*. VACES, Graduate Counseling Student Conference. Harrisonburg, VA.

- White, D., White, A. (2015). *"Grandma, What's Your Name Now?": Life-Narratives, Portraiture, and Reclaiming Identity in the Balkans*. Peace and Justice Studies Association. Harrisonburg, VA.
- Hoffman, J., Brickner, A., White, D., & Ghaemaghani, A. (2014). *A Grab Bag of Favorite Group Activities*. Virginia School Counselors Association, Richmond, VA.
- White, D. (2013). *Native American Clients: Historical Trauma Impact and Traditional Healing Integration in Substance Abuse Treatment*. Virginia Counselors Association, Homestead, VA.
- White, D. (2013). *Crisis, Loss, and Grief as Opportunity*. Industrial Commercial Ministries, Harrisonburg, VA.
- White, D. (2013). *Bow at the Door: Learning from Wise Women in Bulgaria*, VACES, Graduate Counseling Student Conference, Harrisonburg, VA.
- White, D. (2012). *Narrative Shifters: Babas and Balkan Meta-Narratives* Summer Peacebuilding Institute keynote speaker, Eastern Mennonite University, Harrisonburg, VA.
- White, D. (2011). *Speaking the Unspeakable about Sexual Abuse*. Presentation to the Human Sexuality Class, Eastern Mennonite Seminary, Harrisonburg, VA.

EXHIBIT BABA'S WISDOM

Researcher/Interviewer/Photographer

Researched the Balkan metanarratives and the impact of past trauma on identity, interviewed and photographed twenty elderly women from Bulgarian Orthodox, Muslim, Roma and Protestant background asking questions on trauma and post-traumatic growth in various communities

- 2013 Forbes Center, James Madison University, Harrisonburg, VA – staged in conjunction with the School of Theater and Dance production “The Trojan Women” by Euripides adaptation by Ellen McLaughlin
- 2012 Eastern Mennonite University – opening, readers’ theater Summer Peacebuilding Institute
- 2012 Bulgarian Embassy in Washington, DC – opening, readers’ theater
- 2012 Cultural Center, Bansko, Bulgaria – community event, introduction of the women, readers’ theater – on primetime National Bulgarian TV, local newspaper

HONORS AND AWARDS

- 2017 Outstanding Scholarship, Department of Graduate Psychology, James Madison University, Harrisonburg, VA.
- 2014 Women and Gender Studies Feminist Scholarship Award, James Madison University, Harrisonburg, VA.
- 2014 William Hall Award for Contribution to the Learning Community, Department of Graduate Psychology, James Madison University, Harrisonburg, VA.
- 2012 Graduate Research Fellow, James Madison University, Harrisonburg, VA.